**Appendix 1 – Homely Remedy Individual Agreement Form**

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| --- | --- |
| **Care Home Name:** |  |
| **Resident Name:** |  |

I agree that a suitably trained senior person on duty at  may administer the medication I have authorised in this form for the indications stated, at the dose stated and for appropriate patients at

**This agreement does not remove the requirement that staff involved in the administration of homely remedies must ensure that the medicine to be administered is suitable for the resident’s particular circumstances at the time of administration.**

|  |  |
| --- | --- |
| **GP or Surgery Pharmacist Agreement** |  |
| **Please Print Name and Date** |  |
| **Signature of Care Home Manager/nurse in Charge** |  |
| **Please Print Name and Date** |  |
| **Review date:** |  |

The homely remedy should **not be used for longer than 72 hours (if approved by GP or 48 hours if it has not been pre-approved) without seeking medical attention.**

| **Product** | **Indication** | **Adult dose** | **Maximum daily dose** | **Additional information** | **Please indicate which products have been authorised (and annotate those that are excluded)** |
| --- | --- | --- | --- | --- | --- |
| Gaviscon Advance oral suspension | For the relief of heartburn or indigestion | 5 – 10 mls after meals and at bedtime | 40mls in divided doses | Sodium and potassium content should be taken into consideration if a highly restricted salt diet is recommended. |  |
| Senna 7.5mg tablets | For the relief of constipation | 2 – 4 tablets (usually) at night | 4 tablets | May colour urine |  |
| Senna syrup | For the relief of constipation | 10 – 20mls (usually) at night | 20mls | May colour urine |  |
| Paracetamol 500mg tablets (also caplets & capsules) | For the relief of mild to moderate pain or raised temperature | 1 or 2 tablets every 4 to 6 hours, up to a maximum of 8 in 24 hours.  **Note: Dose varies according to weight.** | 4g  (8 tablets) in divided doses | Do not give with other paracetamol containing products. **If body weight < 50kg, dose should be reduced to one tablet up to four times a day.** |  |
| Paracetamol 250mg/5ml oral suspension | For the relief of mild to moderate pain or raised temperature | 10 – 20mls every 4 – 6 hours, maximum of 4 doses in 24 hours.  **Note: Dose varies according to weight.** | 80mls in divided doses | Do not give with other paracetamol containing products. **If body weight < 50kg, dose should be reduced to 10mls up to four times a day.** |  |
| Simple linctus sugar free | For dry irritating cough | 5 – 10 mls up to 4 times a day (suitable for diabetics) | 40mls in divided doses | Not suitable for productive coughs. |  |
| Oral rehydration sachets | For treatment of fluid and electrolyte loss associated with acute diarrhoea | One or two reconstituted sachet(s) after each loose motion | 20 -40ml/kg | The solution may be refrigerated for up to 24 hours after which it should be discarded. |  |