

SWH Incidental Premenopausal Ovarian Cyst Pathway



Request Ultrasound Scan

You will need to specify at least one other symptom:

- e.g. Dyspareunia o Adnexal Fullness o Pelvic Mass on Examination o HMB o Menstrual Irregularities o raised CRP or WCC

and

- raise a specific query - Ovarian Cyst

Consider *lifestyle choices*

Diet and weight – physical activity – smoking – drugs and alcohol - sexual health / contraception

