

SWH

De Quervains Pathway

Patient presents pain on radial side of wrist



Confirm diagnosis clinically - in particular:

- Pain and tenderness above radial styloid and pain radiates to thumb
- Finkelstein test positive
- Common in mothers with small babies



**PATIENT EDUCATION:**

See:

- [De Quervains Syndroms](#)
- [Tendonopathy and Tenosynovitis](#) Analgesia/NSAID – topical

Offer [steroid injection](#) if:

- Failure of conservative treatment
- Symptoms significantly affecting ADL's

Consider Chronic pain

Complete the [MSK form](#) with the clinical details requested and refer to Community MSK **if:**

- No response to conservative treatment or recurrence within 6 months maybe worth second injection
- Significant interference with ADL's
- Patient would consider surgery