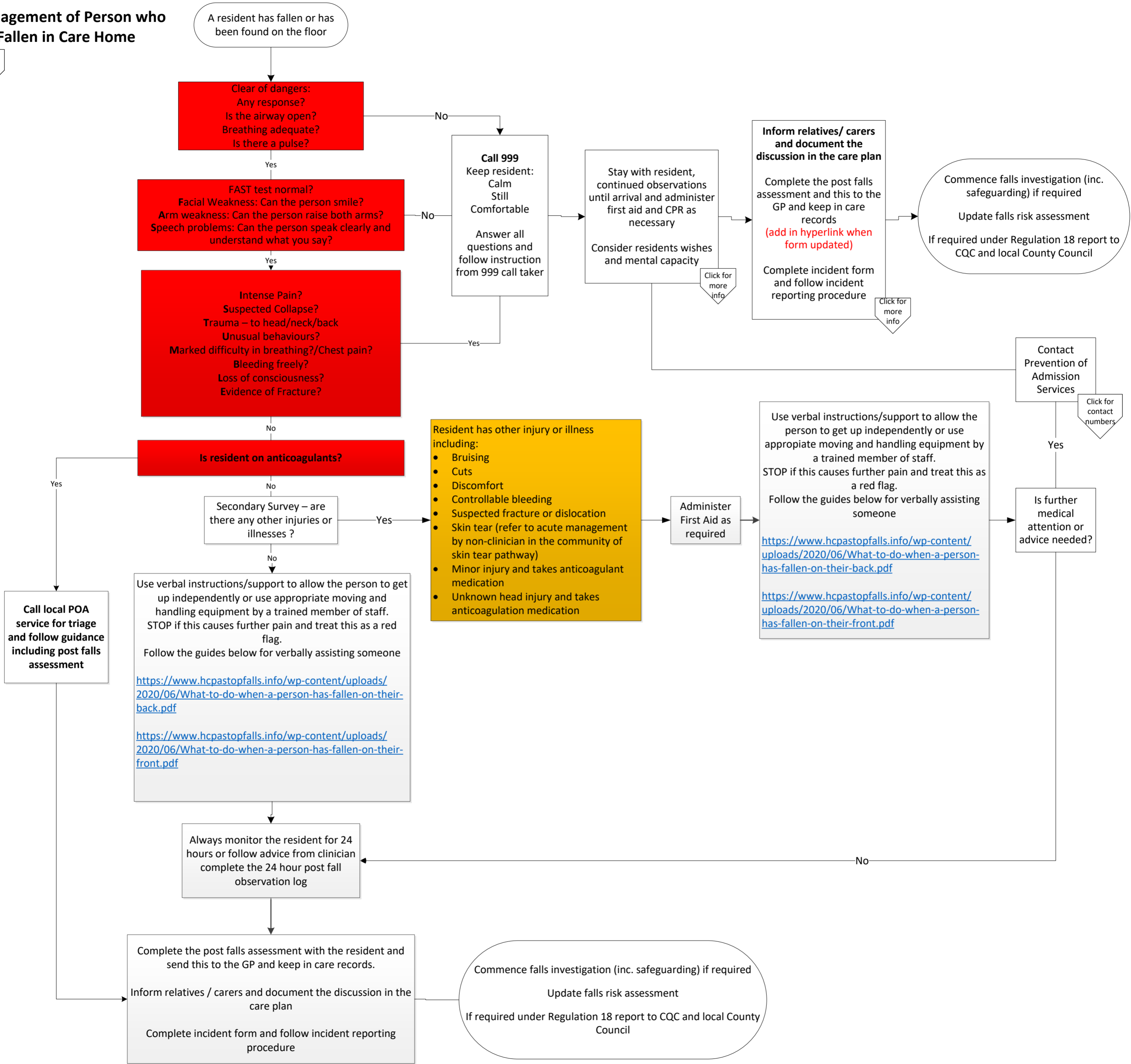


Management of Person who has Fallen in Care Home

Click for overview



Back to
pathway

The pathway provides an overview of the steps which should be taken to safely manage a Fall in a Care Home. The pathways should be used in conjunction with the 'Management of a person who have Fallen in a Care Home Pathway Checklist' or iStumble app.

As per the pathway, an assessment should be carried out after every fall using the 'Post Falls Assessment tool'. Red and Amber flags indicate key actions which must take place

Red Flags = Immediate call to 999 and administer first aid

Amber Flags = Administer first aid and consider call to 111 or local falls response services

Consider residents wishes and mental capacity

Ask a colleague to review documents which may affect medical treatment including

- Advanced Decision to Refuse Treatment (ADRT)
- Do not attempt CPR (DNACPR)
- Mental capacity assessment and Best Interest Assessment (BIA)
- Health and Welfare Lasting Power of Attorney (LPA)
- Advanced Care Plan
- Treatment Escalation Plan

Ask a colleague to prepare medications, MAR sheets and other relevant documents

Post Falls Monitoring

To document the assessment of the person once the Primary and Secondary survey has taken place

Encourage the use of basic health observations using NEWS 2 and Restore 2

Documentation of:

- Level of consciousness

- Pain or discomfort

- Injury/wounds

- Movement and mobility

- To identify the cause of fall (if known) through internal and external risk factors

- Outcome of fall – to document that the correct investigations are to be completed

- Fall severity Incident Report

- Body map for assessment of injury

Includes 24 Hour Post Falls Observation Log

Return to
pathway

East and North Herts

- **Hospital at Home – 0300 123 7571**
(choose professional line when prompted)
08:00 – 20:00, 7 days a week
- **111 Option 6 24/7**

South and West Herts-

- **HAARC (Hertfordshire Admission Avoidance Response Car)- 03456010552**
06.30 - 23.00, 7 days a week
- **CLCH- Rapid Response & Early Intervention Vehicle 03000 200 656, Option 2, Option 8, ask to refer to EIV**
08.00 - 20.00, 7 days a week
- **111 Option 6 24/7**

West Essex

- **EPUT Rapid Response 0300 123 5433**
8am-9pm, 7 days a week
- **111 Option 6 24/7**