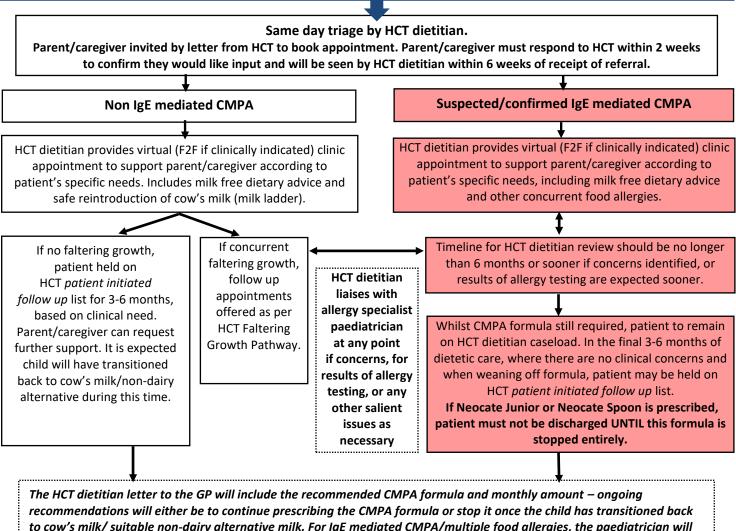


**GP ACTION** 



## South & West Herts Cow's Milk Protein Allergy (CMPA) Dietitian Pathway - Age 1 Year & Over

- GP undertakes allergy focussed clinical history to determine suspected type and severity of CMPA
- Treatment initiated by GP: Herts CMPA Guidance
- If suspected mild/moderate non IgE mediated: GP supports HOME MILK CHALLENGE to confirm diagnosis (for suspected IgE and severe non IgE mediated, diagnosis should be made by secondary care)
- This pathway also applies to children prescribed CMPA formulas who have never seen (or have been discharged from) the HCT dietitian but are now experiencing problems in weaning off the CMPA formula
- GP to consider health visitor input at any stage, for example if concerns that reflux may be due to overfeeding or struggling with and would like to continue breastfeeding
- GP REFERS ALL PATIENTS TO HCT DIETITIAN (referral form on DXS)
- GP to also refer to WHHT allergy specialist paediatrician IF suspected IgE or severe non IgE mediated CMPA, or if concurrent faltering growth



to cow's milk/ suitable non-dairy alternative milk. For IgE mediated CMPA/multiple food allergies, the paediatrician will advise when it is safe to retry cow's milk/suitable non-dairy alternative and the dietitian will support this process.

**GP ACTION** 

**GP to STOP CMPA formula** in accordance with letter from HCT dietitian

HCT Dietetics invites parent/caregiver to book all appointments and, subject to no safeguarding concerns, will discharge if no response received within agreed time frame. This should be communicated to the GP and responsibility of care then reverts to GP. If prescription to continue, GP to re-refer – parent/caregiver must attend HCT dietitian appointments for prescription of CMPA formula to continue.

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