

Prescribing of Stoma Pastes and Fillers Position Statement

Hertfordshire and West Essex ICB recommends a maximum of two tubes* of stoma paste OR filler to be prescribed per patient per month.

**Quantity required may be considerably more if used around a fistula site. This should be communicated by the local stoma care nurse.*

This position statement does NOT include iLEX® Skin Protectant Paste and Orabase® Paste, as these are used to protect excoriated skin and promote healing. They are not used in the same way as other stoma pastes and fillers.

For the position statement on iLEX® Skin Protectant Paste and Orabase® Paste, please use the following [link](#).

Recommendation

- Maximum monthly quantity of two tubes of stoma paste OR filler to be prescribed per patient.

Rationale

- Two tubes per month of stoma paste or filler should be sufficient. The amount used will depend on the depths of skin folds/cavities or expanse of skin to be protected around the stoma.
- Using more than two tubes a month is an indication that there is a stoma related issue requiring a clinical review.
- There may be exceptional cases where the stoma care nurse recommends more than two tubes a month to be prescribed. This should be communicated by the local stoma care nurse.

Background

- Pastes and fillers are used to fill up skin folds and cavities around the stoma to form an even surface and obtain a seal for the stoma bag.
- There is no clinical evidence to support a preferred formulary choice, and these products are comparably priced.
- The stoma care nurse is therefore best placed to advise on the appropriate paste/filler product for the patient, taking into account the stoma type and skin condition.

Stoma Care Nurse Team Contact Details:

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West Essex: Stoma care nursing team	Telephone: 01279 827072 (Monday-Friday, 8am-4pm)	Email: paht.stomacare@nhs.net



References:

1. NHS Wales University Health Board: Stoma Care Guidance and Formulary, January 2016.
2. Association of Stoma Care Nurses (ASCN): Stoma Care National Clinical Guidelines, January 2016.
3. NHS Buckinghamshire: Stoma Care Products Formulary Guide, September 2011

Version	4.0
Developed by	Pharmacy and Medicines Optimisation Team, Hertfordshire and West Essex Integrated Care Board Stoma Care Clinical Nurse Specialists, West Hertfordshire Teaching Hospitals NHS Trust, East and North Hertfordshire NHS Trust and The Princess Alexandra Hospital NHS Trust.
Date ratified	V1 September 2019 (Medicines Optimisation Clinical Leads Group); November 2019 (Primary Care Commissioning Committee). V2 July 2021 (Medicines Optimisation Clinical Leads Group). V3 May 2023 (Medicines Optimisation & Prescribing Delivery and Implementation Group). V4 Updated SWH Hertsmere contact information.
Review date	The recommendation is based upon the evidence available at the time of publication. This recommendation will be reviewed upon request in the light of new evidence becoming available.

