



Guidance on Anticholinergic Burden Structured Medication Reviews using Eclipse Live

Purpose

This document is a guide to orientate Eclipse Live users to the functionality within Eclipse Live that will aid in identification, stratification and review of patients' anticholinergic burden.

Introduction

Anticholinergic medicines are prescribed for a wide range of conditions, including Parkinson's Disease, overactive bladder, chronic obstructive pulmonary disease, nausea and vomiting, depression and psychosis. Combining medicines with anticholinergic activity might have cumulative harmful effects when given to a person with more than one clinical condition. This potential for harm increases with frailty and age. Reducing the anticholinergic burden may result in improvements in short term memory, confusion, behaviour and delirium.

Anticholinergic burden (ACB) is the cumulative effect on an individual of taking one or more medicines with anticholinergic activity.

An increasing number of systematic reviews and meta-analyses report that medicines with anticholinergic effects are associated with an increased risk of cognitive impairment, falls and all-cause mortality in older people.

<u>Eclipse Live</u> can be used to effectively identify and stratify patients to aid in Structured Medication Reviews to reduce anticholinergic burden.

Eclipse Live does not use a particular ACB scale but has amalgamated scores from various sources and has set the scoring themselves. There are continuing discussions around ACB scales within Eclipse Live as there is no anticholinergic scale in use that is acknowledged as "gold standard". Despite this, the use of Eclipse Live is a useful tool in managing and reducing high anticholinergic burden in patients.





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1	SMR Live Homepage
	Once logged in to Eclipse Live, users should select the SMR Live icon.
	Advice & Guidance VOR Nepal Answer Please Select Pathway of Choice
	Image: Construction of the construc
2	SMR Homepage View
	Users will be taken to the SMR Live Home page
	NHS Pathways SMR Home Patent Gole:
	Norme SMR Live Introductory Video We are pleased to release the initial version of the SMR Live module. This is version 1.0 and we would appreciate all feedback for additional requirements.
	Click here to watch our throbudution video Click here to view the BitVoctured medication reviews specification guidance 2021-22 pdf SMR Pathways
	This is a supplementary support tool to be utilised in only notion with your core clinical NHS West Essex CCG
	SMR Case Load Priority SMRs All SMR Pathways 3.1a Care Home 3.1b Polypharmacy 3.1c High Risk Drugs
	Antication 3.1 d Fraily 3.1 e Addiction 3.2 Covid 19 3.5 Pincer 3.6 Recent Admissions
	3.6b Patient 3.6c SMR Requests 3.23a Antimicrobalis 3.23b Dependency 3.23c Hipher- Carbon Inhalers 3.23d Dependency
	3.25 STOMP 3.26 New Medicine RADAR Alerts Investment and Investmen
	Users should note that the current view refers to a CCG/place. When users access information at this level they can view summary level data for the entire place. (Please note that since Herts & West Essex CCGs have merged to form an Integrated Care Board, this description is likely to change in the near future).
	With this view, patients are pseudonymised using a system-created patient code.
	For EMIS, Vision and Microtest – This patient code is the same patient reference as found in the clinical system. For SystmOne - This is an encrypted system-created number that cross references to the NHS number (found on the Patlist).
	GP practice level access will allow users to view patient identifiable data (see Section 3).





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Patients with mort	oid obesity (BMI>=40 o	or diabetes an	d BMI>=35)		4337	462	10.65%	View
Current Smokers					4337	898	20.71%	View
High Alcohol intak	e, >= 49 units per wee	k			4337	35	0.81%	View
Haemoglobin < 11					4337	236	5.44%	View
8 Hyponatremia (<1	31)				4337	49	1.13%	View
68 Polypharmacy (>1	0 meds)				4337	1269	29.26%	View
Patients with SMR	Risk Score between 10) and 25			4337	2121	48.9%	View
Patients with SMR	Risk Score > 25				4337	314	7.24%	View
Patient in 3 SMR p	athways				4337	890	20.52%	View
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	The results records – fo	can be filtered by any of or instance, sorting with h	the headers of the highest ACB scores	e table to enable sorting of the s first:	
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9	Please note wise to try t Viewing in	e that the more data being to narrow down searches ndividual patient SMU	g pulled, the long s as much as possi IRF (Structured	er the report takes to compile, so ble before running any reports. Medicines Use Review and	it is
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		59 16 M 0 0 ×	34 5 ×	16.0 2.1 18/05/2022 22/09/2022 22/09/2022	
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10	Use of pat	ient codes	to access s	SMURFs				
	A patient reation the top right	cord can be t-hand box o	viewed at ar f the SMR H	iy point in t ome page	he future by	/ entering the	e patient code	in
	NHS Pathways	SMR Home			SMR Quick Search Patient Code:			
	Home	No. Video						
	We are pleased to release th Click here to watch our intro Click here to view the SMR I Click here to view the Struct	e initial version of the SMR Live mo duction video .ive user guide ured medication reviews specifica	tion guidance 2021-22 pdf	rould appreciate all feedback for	r additional requirements.			
	SMR Pathways This is a supplementary suppo software.	rt tool to be utilised in conjunction wit	h your core clinical	NHS	West Essex CCG			
	SMR Case Load	Priority SMRs	All SMR Pathways	3.1a Care Home 3.1	b Polypharmacy 3.	C High Risk Drugs		
11	Checking t	hat your re	ecord is up	to date				
	When viewi	ng a SMURF,	always cheo	ck the last c	oded entry	for the patie	nt to ensure th	at
	this date is r	not several m	nonths in the	e past – if th P system is	his is the cas	e then it may	y indicate that	the
		s been puile		JF System is		late.		
	Medication Review	ACB Score 17.0	GI Bleed Index 5.8	Diabetes Review	Epilepsy Review	Covid Review		
	Asthma Review	Mental Health Review	Structured Medication Review	Frailty Review	Obesity Review	Antipsychotics Review		
	Opiate Review	Antiplatelet Review	Z Drug / Benzo Review					
	Overview Patient's Code:	MJN84		Analysis	- Inc. of face at the second second			
	Current ACB Drugs	Tramadol Capsules (1 pt) Amitriptyline (3 pt) Phenergan (Promethazine) (3 Efexor XL, (Venidaxine XL) (1 1 Haloperidol Tab (1 pt) Mirtazapine (1 pt) Procyclidine (3 pt) Prednisolone Tablet (1 pt) Valoid (Cyclizine) (3 pt)	(24 Jan 2023) (24 Jan 2023) (14 Jan 2023) (13 Jan 2023) (13 Jan 2023) (14 Jan 2023) (14 Jan 2023) (14 Jan 2023) (20 Dec 2022) (13 Dec 2022)	Actions Create new pathway actio Other Actions	nitorea for this pathway	<u> </u>		
	Action Plans Create new pathway acti	on plan						
	Long Term Condition	S Overview (data up to 08/02/2	2023)					
		V	10	ę	•			
	Diabetes	Stroke	Asthma	Mental Health	Epilepsy			
	Primary Care Medica Antibiotic	tions (data up to 08/02/2023			Medic	cation from last 90 days 🖂		
					500 mg cab (15			
	You can see	that the abo	ve view det	ails which n sers can on	nedicines th ly really see	e patient is c 2 patient pa	on that are high rameters: ACB	1
	score, and G	il bleed inde	x.		, really see			











13	Viewing a patient's medication list	
	Scroll down the page and to see the list of the patient's medicines. Always check that	the
	data is up to date – for this record, data up to 08/02/2023 has been pulled.	
	Antibiotic Medications (bata up to 08/02/2023)	
	22-Dec-22 Amoxicillin Cap (Amoxycillin) 500 mg cap (15 capsule)	
	13 Jan-23 Mirtazapine 15 mg tab (28 tablet) • •	
	24-Jan-23 Promethazine (Phenergan) 25 mg tab (28 tablet) 🧉 💙	
	Anti-Neuropathics 24-Jan-23 Amitriptyline 10 mg tab (84 tablet)	
	13-Jan-23 Clonazepam (Rivotni) 0.5 mg tab (14 tablet) • 13-Jan-23 Software Velocetab MM (75 Hilling Charge) 500 mg tab MR (99 •	
	Blood Pressure Control	
	13-Jan-23 Bumetanide 1 mg tab (28 tablet) • Blood Sugar Control	
	13-Jan-23 Metformin 500 mg tab (112 tablet)	
	13 Jan 23 Clopidogrel tablet 75 mg tab (28 tablet) • •	
	Crocesterol Control 13-Jan-23 Atorvastatin 40 mg tab (28 tablet)	
	Nutritional Supplements 13-Jan-23 Ferrous Fumarate (Fersamal) 210 mg tab (84 tablet) • *	
	Opioid Analgesics	
14	Viewing drop down menus within the medication list to show related	
	monitoring parameters	
	section which tells users more information about when the medicine will reveal a drop-dr	own links
	the medicine to its major monitoring parameters (where available).	
	Antihistamine	
	24-Jan-23 Promethazine (Phenergan) 25 mg tab (28 tablet) Previous Issues Dossge Instructions: 1-2 at bed time, when required	
	05/01/2023 Patient drug alerts: No alerts found. 15/11/2024 Compliance: Plesse check the patients compliance of this drug. 30/05/2022 30/05/2022 13/09/2022 Same Same Same Same Same Same Same Same	
	star date 29/07/2020	
	Anti-Neuropathics 24-Jan-23 Amitriptyline 10 mg tab (84 tablet)	
	Previous Issue Dosage Instructions: 2-3 before bed 04/01/0223 Patient drug sters: No alerts found. 13/2/2022 companies in the sters of the sters.	
	14/1/2022 14/10/2022 Total Cholesterol HbA1c Weight (Kg) Blood Pressure 23/09/2022 10 15/08/2022 10 15/08/2022 10 100 100 100 100 100 100 100	
	28/07/2022 12/07/2022 Star date 4 on 07/09/2022 50 on 07/09/2022 101 on 25/01/2023 116/78 on 25/01/2023 28/06/2021	





15 Viewing Hospital Activity Overview, Baseline monitoring results and Clinical **Condition Overview** Depending on which place the user is based in, scrolling further down may show additional Hospital Activity Overview (if the information is available in that place), baseline monitoring results and Clinical Condition Overview. Activity Overview (data up to 01/12/2022) 06-Dec-2022 THE PRINCESS ALEXA Θ Neurology 28-Nov to 29-Nov-2022 Ð Accident & En Unknown 18-Nov-2022 Accident & Er Unknown Θ 15-Aug-2022 Accident & En Unknown Θ 20-Jul-2022 A Results Enter 0 2 0 6 0 6 6 OMETRY 60 78 bpm 101.0 Kg 116/78 mm/Hg 13.6 g/dl 50 m 98.00 % 6.8 mm ALT Latest: 17 (07/09/2022) Bilirubin Latest: 5 (07/09/20 Serum Albumin (g/L) 75 2022 A 0 20 DGFR Latest: 60 (07/09/2022) d Pressure (mmHg) 2022 A Clinical Conditions Overview (does not include sensitive codes; ref ISB 1572) Canc 01 Oct 13 BB65. [M]Hidrocystoma 01 Apr 10 B768. Melanocytic naevi of skin Circulatory 18 Dec 20 G86.. Noninfective lymphatic disorders 18 Dec 20 G8611 Acquired (chronic) lymphoedema 20 May 19 G Circulatory system diseases 27 Mar 19 G64. Cerebral arterial occlusion 25 Mar 19 G66.. Stroke and cerebrovascular accident unspecified 04 May 17 G83.. Varicose veins of the legs 21 Dec 14 G801D Deep vein thrombosis of lower limb 07 Apr 64 G65.. Transient cerebral ischaemia Conjenital 00 Mar 17 PKv1 Laurence-Moon-Biedl syndrome





16	Falls information under Frailty view							
	When reviewing anticholinergic burden, falls information should also be reviewed anticholinergic burden can result in CNS effects which can cause falls. To see falls information, users will need to access the Frailty Review, which can be found at the the page							
	Monitoring up to date for t	his pathway			Last cod	ed entry for patient: 27/01/20	23	
	Medication Review	ACB Score 17.0	Gi Bleed Index 5.8	Diabetes Review	Epilepsy Review	Covid Review		
	Asthma Review	Mental Health Review	Structured Medication Review	Frailty Review	Obesity Review	Antipsychotics Review		
	Opiate Review	Antiplatelet Review	Z Drug / Benzo Review					
	Overview			Analysis				
	Patient's Code:	MJN84		Patient appropriately m	onitored for this pathway	0		
	Current ACB Drugs	Tramadol Capsules (1 pt) Amitriptyline (3 pt) Phenergan (Promethazine) (3 Efexor XL (Venlafaxine XL) (1 Haloperidol Tab (1 pt) Mirtazapine (1 pt) Procyclidine (3 pt) Prednisolone Tablet (1 pt) Valoid (Cyclizine) (3 pt)	(24 Jan 2023) (24 Jan 2023) pt) (24 Jan 2023) (13 Jan 2023) (13 Jan 2023) (13 Jan 2023) (04 Jan 2023) (22 Dec 2022) (13 Dec 2022)	Actions Create new pathway acti Other Actions	on plan			
	The Frailty Re If there have b	view will oper been previous	n in a new wir recorded fall	idow. s, then these	will be detaile	ed in the Falls	History:	
	Monitoring up to data for t	this pothway			Last ooded	ntry for potient: 27/01/2022		
	Monitoring up to date for t	inis paulway			Last coded e	antry for patient. 27/01/2023		
	(06/09/22) (06/09/22)	DNAR 🙁	Preferred place of Death	Preferred place of Care	EOL Care Plan	Weight (GP) 101kg (25/01/23)		
	Blood Pressure (GP) 116/78mmHg (25/01/23)	Medication Review	Current Smoker (06/09/22)	Pulse Oximetry 98.00% (22/12/22)	Respiratory Rate	Last Falls Assesment ?		
	Diabetes	Diabetes Review	Epilepsy Review	Covid Review	Asthma Review	Mental Health Review		
	Structured Medication Review	Obesity Review	Antipsychotics Review	Opiate Review	Antiplatelet Review	Z Drug / Benzo Review		
	Overview Patient's Code: MJI	N84		Analysis Patient appropriately mon	itored for this pathway			
	Falls History: Fall Fall Fall	s s on same level from slipping	(18 Apr 2019) (24 Jan 2018) (10 Dec 2017)	Actions Patient needs to have thei Create new pathway action Other Actions	r resuscitation status recorder	đ		
	Eclipse Live sh	nould always b	be used in con	junction with	the primary	GP system for	further in-	
	depth clinical	patient inforr	nation.					





References:

Eclipse Live SMR Live User Guide

Prescqipp factsheet on Anticholinergic Drugs

NICE guideline [NG97] Dementia

<u>Scottish Government Polypharmacy Model of Care Group. Polypharmacy Guidance, Realistic</u> <u>Prescribing 3rd Edition, 2018. Scottish Government.</u>

Version	1.1 October 2023
Change	Removal of reference to expired Herts Valley CCG document
Developed by	Shirley Ip Lead Frailty Pharmacist, Hertfordshire and West Essex ICB
Date ratified	July 2023 HWE ICS Medicines Optimisation Delivery and Implementation Group (MODIG)
Review date and file path	July 2026