

## Stoma Product Samples Position Statement

**Hertfordshire and West Essex ICB does not support issuing prescriptions for new stoma products requested by patients after receiving samples alone.**

**Authorisation for new stoma products must come from a stoma care nurse.**

### Recommendations

- Although patients are able to request samples from stoma product companies, these items should not be prescribed until the patient has undergone a clinical review (face to face or via telemedicine) and the products have been agreed by the stoma care nurse.
- Patients seeing their GP for the addition of stoma product(s) to their prescription should be directed to their stoma nurse for review and authorisation.
- GPs should refer patients directly to their local stoma care nurse if their stoma requirements have changed or they are experiencing problems. Patients are also able to self-refer directly to their stoma care team.

### Rationale

- Patients can obtain samples in a number of ways without the advice of their stoma care nurse. Samples may be obtained online, after attendance at an educational event (open day) or by contacting manufacturing companies directly.
- There are many stoma products and accessories available for stoma patients to help manage complications. The stoma care nurse is best placed to assess the clinical needs of patients taking into account the stoma type, skin condition and suitability of products to patient's needs/lifestyle.

### Stoma Care Nurse Team Contact Details:

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| SWH: Dacorum, Watford and St Albans & Harpenden Localities                            | Telephone: 01923 217489<br>(Monday-Friday, 8am-4pm)       | Email:<br><a href="mailto:westherts.stomacare@nhs.net">westherts.stomacare@nhs.net</a> |
| SWH: Hertsmere Locality   | Telephone: 07901 118827<br>(Monday-Friday, 8:30am-4:30pm) | Email:<br><a href="mailto:nclibc.stomanurse@nhs.net">nclibc.stomanurse@nhs.net</a>     |
| ENH: Stoma office for hospital and community care service, Lister hospital, Stevenage | Telephone: 01438 284133<br>(Monday-Friday, 7am-4.30pm)    | Email:<br><a href="mailto:stomacare.enh-tr@nhs.net">stomacare.enh-tr@nhs.net</a>       |
| West Essex: Stoma care nursing team   | Telephone: 01279 827072<br>(Monday-Friday, 8am-4pm)       | Email:<br><a href="mailto:paht.stomacare@nhs.net">paht.stomacare@nhs.net</a>           |

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| <b>Version</b>       | 4.0   |
| <b>Developed by</b>  | Pharmacy and Medicines Optimisation Team, Hertfordshire and West Essex Integrated Care Board<br>Stoma Care Clinical Nurse Specialists, West Hertfordshire Teaching Hospitals NHS Trust, East and North Hertfordshire NHS Trust and The Princess Alexandra Hospital NHS Trust.                               |
| <b>Date ratified</b> | V1 May 2019 (Medicines Optimisation Clinical Leads Group), May 2019 (Primary Care Commissioning Committee). V2 July 2021 (Medicines Optimisation Clinical Leads Group). V3 May 2023 (Medicines Optimisation & Prescribing Delivery and Implementation Group). V4 Updated SWH Hertsmere contact information. |
| <b>Review date</b>   | The recommendation is based upon the evidence available at the time of publication. This recommendation will be reviewed upon request in the light of new evidence becoming available.  |

