

Prescribing of Stoma Collars Position Statement

Hertfordshire and West Essex ICB recommends maximum monthly quantities, dependent on the stoma type, for the prescribing of stoma collars.

Recommendations

Stoma Type	Daily Quantity*	Maximum Monthly Quantity to be Prescribed
Ileostomy	0.5 - 1	30
Colostomy	1-3	90
Urostomy	0.5 - 1	30

*Daily quantity of 0.5 indicates use on alternate days

- New patients using this product should only be prescribed stoma collars after an assessment by a stoma care nurse.
- If ordering in excess of recommended quantities, patients should be referred to their local stoma care nurse for review.

Rationale

- When the stoma bag is changed, the stoma collar will be removed at the same time. Therefore, a new one is required at each bag change.
- Patients with an ileostomy or urostomy usually change their stoma bag daily or on alternate days, therefore requiring 15-30 stoma collars each month.
- Patients with a colostomy may change their stoma bag up to three times a day, so could require 30-90 stoma collars each month.
- Using more than the recommended amount could indicate a stoma related issue that requires a clinical review.

Background

- Stoma Collars adhere to the skin and stoma appliance and are designed to reduce leaks by protecting the base of the stoma and directing the stoma output into the stoma bag.
- These are often used after trying alternative bags to solve leakage issues.
- They are suitable for all stoma types, but are a niche product, so not suitable for all patients.
- There is currently only one brand of stoma collar available to prescribe.

Stoma Care Nurse Team Contact Details:

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SWH: Hertsmere Locality	Telephone: 07901 118827 (Monday-Friday, 8:30am-4:30pm)	Email: nclibc.stomanurse@nhs.net
ENH: Stoma office for hospital and community care service, Lister hospital, Stevenage	Telephone: 01438 284133 (Monday-Friday, 7am-4.30pm)	Email: stomacare.enh-tr@nhs.net
West Essex: Stoma care nursing team	Telephone: 01279 827072 (Monday-Friday, 8am-4pm)	Email: paht.stomacare@nhs.net



References:

1. PrescQIPP Prescribing Guidelines for Stoma Appliances and Accessories

Version	4.0
Developed by	Pharmacy and Medicines Optimisation Team, Hertfordshire and West Essex Integrated Care Board Stoma Care Clinical Nurse Specialists, West Hertfordshire Teaching Hospitals NHS Trust, East and North Hertfordshire NHS Trust and The Princess Alexandra Hospital NHS Trust.
Date ratified	V1 February 2020 (Medicines Optimisation Clinical Leads Group). V2 July 2021 (Medicines Optimisation Clinical Leads Group). V3 May 2023 (Medicines Optimisation & Prescribing Delivery and Implementation Group). V4 Updated SWH Hertsmere contact information.
Review date	The recommendation is based upon the evidence available at the time of publication. This recommendation will be reviewed upon request in the light of new evidence becoming available.

