*[Patient name] [Practice name]*

*[Patient address1] [Practice Address 1]*

*[Patient address 2] [Practice Address 2]*

*[Patient address 3] [Practice Address 3]*

*[Postcode] [Postcode]*

*[Date]*

Dear [PATIENT],

**Changes to your stoma paste/filler prescription**

In line with current national and local guidelines, we have carried out a review for all patients who are prescribed accessories for their stoma.

Stoma pastes and fillers can be used to fill in skin folds and cavities around a stoma, to form an even surface and obtain a seal for the stoma bag. As a result, this can help to prevent leakage from a stoma appliance. Some pastes are formulated to also provide skin protection around a stoma.

The maximum monthly quantity of stoma paste or filler that can be prescribed is two tubes. The amount of paste used at each stoma bag change will depend on the depths of skin folds/cavities or expanse of skin to be protected around the stoma. Needing to use more than the recommended amount of paste may indicate a stoma related issue your nurse can help with.

iLEX® Skin Protectant Paste and Orahesive® Powder are used to help protect or help to heal very sore skin around your stoma, but they should only be used for a short period of time. If you have been using iLEX® Skin Protectant Paste or Orahesive® Powder for longer than two months, we recommend that you contact your local stoma care nurse for a review.

This prescription change has been agreed with local stoma care specialist nurses and is in line with current local guidance. We have made this change to your repeat prescription ready for your next order.

**If you are experiencing leakage, odour or sore skin around your stoma, please contact your stoma nurse.**

Their contact details are:

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| --- | --- | --- |
| Dacorum, Watford and St Albans & Harpenden Localities | Telephone: 01923 217489 (Monday-Friday, 8am-4pm) | Email: westherts.stomacare@nhs.net |
| Hertsmere Locality | Telephone: 07901 118827(Monday-Friday, 8:30am-4:30pm) | Email:nclicb.stomanurse@nhs.net  |
| Stoma office for hospital and community care service, Lister hospital, Stevenage | Telephone: 01438 284133(Monday-Friday, 7am-4.30pm) | Email:stomacare.enh-tr@nhs.net  |
| West Essex Stoma Care Nursing Team | Telephone: 01279 827072 (Monday-Friday, 8am-4pm) | Email: paht.stomacare@nhs.net |

**The ideal aim is to have such a good bag fit that stoma accessories are rarely needed.  Please note that if you are prescribed more than one stoma accessory product, you may receive more than one letter for each of your different products.**

Yours sincerely,