*Patient name] [Practice name]*

*[Patient address1] [Practice Address 1]*

*[Patient address 2] [Practice Address 2]*

*[Patient address 3] [Practice Address 3]*

*[Postcode] [Postcode]*

*[Date]*

Dear [PATIENT],

**Changes to your stoma powder prescription**

In line with current national and local guidelines, we have carried out a review for all patients who are prescribed accessories for their stoma.

Stoma powder is used to help heal sore, wet and weepy skin around your stoma. Stoma powder should not be used unless your skin is weepy or raw. It should be sprinkled sparingly onto sore skin and the excess dusted off. It does not prevent skin irritation and should therefore not form part of a regular stoma care routine.

The maximum amount of stoma powder that should be used is one bottle every two months for four months. Needing to use more than this amount of stoma powder, may indicate a stoma related issue that your stoma nurse can help with.

This prescription change has been agreed with local stoma care specialist nurses and is in line with current local guidance. We have made this change to your repeat prescription ready for your next order.

**If you are experiencing leakage, odour or sore skin around your stoma, please contact your stoma nurse.**

Their contact details are:

|  |  |  |
| --- | --- | --- |
| Dacorum, Watford and St Albans & Harpenden Localities | Telephone: 01923 217489 (Monday-Friday, 8am-4pm) | Email: [westherts.stomacare@nhs.net](mailto:westherts.stomacare@nhs.net) |
| Hertsmere Locality | Telephone: 07901 118827  (Monday-Friday, 8:30am-4:30pm) | Email:  [nclicb.stomanurse@nhs.net](mailto:nclicb.stomanurse@nhs.net) |
| Stoma office for hospital and community care service, Lister hospital, Stevenage | Telephone: 01438 284133  (Monday-Friday, 7am-4.30pm) | Email:  [stomacare.enh-tr@nhs.net](mailto:stomacare.enh-tr@nhs.net) |
| West Essex Stoma Care Nursing Team | Telephone: 01279 827072 (Monday-Friday, 8am-4pm) | Email: [paht.stomacare@nhs.net](mailto:paht.stomacare@nhs.net) |

**The ideal aim is to have such a good bag fit that stoma accessories are rarely needed.  Please note that if you are prescribed more than one stoma accessory product, you may receive more than one letter for each of your different products.**

Yours sincerely,