

Prescribing of Adhesive Remover Sprays/Wipes for Stoma Care

Position Statement

Hertfordshire and West Essex ICB recommends:

Adhesive Remover Sprays

1st Line: StoCare® Remove Medical Adhesive Remover Spray (Can)

2nd line: Offmore® Adhesive Remover Spray (Can)

Adhesive Remover Wipes (only to be used if dexterity issues)

1st Line: Stocare® Remover Wipes

Monthly Quantity to Prescribe

Ileostomy/Urostomy: 1-2 spray cans or 15-30 wipes (i.e. a maximum of two spray cans or one pack of wipes)

Colostomy: 2-3 spray cans or 30-90 wipes (i.e. a maximum of three spray cans or three packs of wipes)

Recommendations

- For all patients, StoCare® Remove Medical Adhesive Remover Spray Can should be prescribed as first line option.
- Offmore® Adhesive Remover Spray Can should be prescribed as second line option.
- Wipes should be reserved for people who lack the manual strength or dexterity to use a spray.
- Either a spray or wipes should be prescribed, not both.
- If unsure of an additional request, issue one remover spray or one box of wipes and refer patient to the stoma care nurse.
- Excessive ordering of adhesive removers should be questioned. It may signify that the person is having problems and needs a stoma assessment.

Adhesive Remover Sprays

1 st Line	Code	Fragrance	Size
StoCare® Remove Medical Adhesive Remover Spray Can	STC100	No	50ml

2 nd Line	Code	Fragrance	Size
Offmore® Adhesive Remover Spray Can	OM60	No	50ml

Adhesive Remover Wipes (reserved for people who lack the manual strength or dexterity to use a spray)

1 st Line	Code	Fragrance	Size
StoCare® Remove 'Non Sting' Medical Adhesive Remover Wipes	STC200	No	30 units



Rationale

- Adhesive remover sprays are first line formulary choice as they are more cost-effective than wipes.
- Ileostomy/urostomy bags may be changed daily, on alternate days or every third day.
- Colostomy bags may be changed 1-3 times a day

Background

- Adhesive removers are mainly prescribed to ease discomfort and prevent skin damage when removing the stoma appliance from the skin.
- Modern aerosol sprays contain a 'bag on valve' system which ensures as much product as possible is utilised, there is less wastage and the can will spray from different angles.

Stoma Care Nurse Team Contact Details:

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ENH: Stoma office for hospital and community care service, Lister hospital, Stevenage	Telephone: 01438 284133 (Monday-Friday, 7am-4.30pm)	Email: stomacare.enh-tr@nhs.net
West Essex: Stoma care nursing team	Telephone: 01279 827072 (Monday-Friday, 8am-4pm)	Email: paht.stomacare@nhs.net

References:

1. PrescQIPP Stoma and Continence: Adhesive Removers 2.0 (March 2018)
2. London Procurement Partnership; Formulary for Prescribing Adhesive Removers in Stoma Care (January 2019)

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Developed by	Pharmacy and Medicines Optimisation Team, Hertfordshire and West Essex Integrated Care Board Stoma Care Clinical Nurse Specialists, West Hertfordshire Teaching Hospitals NHS Trust, East and North Hertfordshire NHS Trust and The Princess Alexandra Hospital NHS Trust.
Date ratified	V1 May 2019 (Medicines Optimisation Clinical Leads Group), May 2019 (Primary Care Commissioning Committee). V2 July 2021 (Medicines Optimisation Clinical Leads Group). V3 May 2023 (Medicines Optimisation & Prescribing Delivery and Implementation Group). V4 Updated SWH Hertsmere contact information. V5 updated with Offmate OM50 name and code change to Offmore OM60.
Review date	The recommendation is based upon the evidence available at the time of publication. This recommendation will be reviewed upon request in the light of new evidence becoming available.

