

# Evidence Based Intervention

## Referral to Consultant-Led Tier 3 Adult Weight Management Services

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## Introduction

HWE ICB commissions specialist (tier 3) adult weight management services locally. These services provide holistic, specialist care from a multi-disciplinary team. However, they are **not** consultant-led services.

## Content

Referrals for consultant-led specialist (tier 3) adult weight management services are not routinely funded.

**Patients who are not eligible for treatment under this policy may be considered on an individual basis where their GP or consultant believes exceptional circumstances exist that warrant deviation from the rule of this policy. Individual cases will be reviewed as per the IFR policy. See <https://www.hweclinicalguidance.nhs.uk/clinical-policies-group-evidence-based-interventions>**

## Change History:

Version	Date	Reviewer(s)	Revision Description
V1.1	23.04.2025	S.Chepkin	Change of title to more accurately reflect what is restricted

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